

# INTRODUCTION TO MICROMODULE E-counselling skills and methods

#### **Outcomes:**

After studying this micromodule, students are able to:

- Explain the basics of e-counselling
- Understand the characteristics of online interaction
- Become familiar with the various tools for online interaction
- Understand the significance of ethics in e-counselling
- Plan and implement a customer-oriented e-counselling meeting

# Participants:

- Finnish Students: Major in Social Services at Savonia University of Applied Sciences
- Vietnamese Students: Major in Education Support for Disabled at Hanoi National University of Education

## **Course Duration:**

- Credits: 0.5 ECTS (13.5-hour workload)
- The micromodule has five (5) themes and each theme has a learning task (a total of five)

# **Materials:**

- PowerPoint presentations related to peer support groups online
- Videos
- Websites
- Articles

## Assessment:

Formal assessment: writing a short paper, mind map, your own e-counselling meeting

## **Contents:**

1. Basics of e-counselling

Activity: Reading and creating a mind map

2. Online interaction

Activity: Reading and writing a short paper

3. E-Counselling Ethics

Activity 1: Reading and a fill in exercise

Activity 2: Fill in exercise

4. E-counselling meeting

Task: Designing your own e-counselling meeting

# **Prerequisites:**

- No prerequisites required

Please read the provided instructions carefully to get the necessary information you need to complete the micromodule.



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